

JESSICA L. ROOS, PSY.D.

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PROFESSIONAL EXPERIENCE

VORWERK FORENSIC PSYCHOLOGY, INC.

Forensic Psychologist, September 2022- Present

- Conduct forensic psychological evaluations and prepare report of findings
- Interview clients both in and out of custody
- Review medical and legal records, summarize records, and integrate literature review into findings
- Administer and score psychological test instruments as needed
- Provide expert testimony as needed in the court concerning the psychological state of individuals and report findings
- Assess cognitive, behavioral, emotional, and personality functioning, along with assessment of other factors related to the evaluation
- Adhere to county jail jails, Department of State Hospitals and the California Department of Corrections and Rehabilitation policies and APA psychological standards
- Engage in continuing education in areas of forensic practice

CALIFORNIA DEPARTMENT OF CORRECTIONS AND REHABILITATION- RICHARD J. DONOVAN CORRECTIONAL FACILITY, SAN DIEGO, CA

Unlicensed Clinical Psychologist, September 2019- June 2022

Licensed Clinical Psychologist June 2022- Present

Richard J. Donovan Correctional Facility (RJDCF) is a forensic facility that houses minimum to maximum custody levels of male inmates. The facility can accommodate the special needs for inmates such as high risk medical, problems associated with HIV and substance use, and inmates with severe mental illness.

Administrative Segregation Unit Duties:

- Provide therapy, and crisis interventions to inmates admitted to the Administrative Segregation Unit (ASU)
- Assess inmates to decide if they have impairments and should be placed in the Mental Health Delivery System
- Carry a caseload of anywhere between 11 and 25 patients
- Complete weekly Suicide Risk Assessments and Mental Health Evaluations/ Psychosocial assessments by providing a diagnosis and determining chronic and acute risk factors
- Serve as the team leader for treatment planning as a member of a multi-disciplinary treatment team which includes the treating physician, psychiatrist, registered nurse, recreational therapist, and correctional counselor
- Conduct statewide clinician-to-clinician contacts for arrivals to ASU and patients leaving ASU
- Assist custody (Warden, Associate Wardens, Captains, and Custody Counselors) in Institutional Classification Committees to assess current functioning of inmate mental health and cognitive abilities
- Conduct weekly mental health groups for inmates with mental health impairments
- Conduct a morning and afternoon huddle with sergeant, psych tech on duty and mental health escort officer to discuss new admissions, a crisis that occurred and/or daily updates on patients that pertain to ASU

- Unit lead secondary to ASU Supervisor, which included clinical duties such as triaging, managing a treatment team of six to seven clinicians, organizing, and conducting clinical meetings with staff and custody staff, delegating coverage as needed, conducting patient movement in and out of the unit, and other administrative duties

VORWERK FORENSIC PSYCHOLOGY INC.

Forensic Report Writing Assistant, May 2019- September 2022

- Training alongside a licensed forensic psychologist who conducts forensic evaluations
- Receive structured guidance from supervisor on how to formulate reports and answer referral questions pertaining to the criteria
- Conduct extensive record reviews, summarize records, and complete research and review of the literature to answer the referral question
- Work collaboratively with supervisor to assess cognitive, behavioral, emotional, and personality functioning, along with assessment of other factors related to the evaluation. Also, prepare reports on findings
- Increase familiarity with the inner workings of the Department of State Hospitals and the California Department of Corrections and Rehabilitation
- Provided training on various areas of forensic practice

**CALIFORNIA DEPARTMENT OF CORRECTIONS AND
REHABILITATION- CALIFORNIA INSTITUTION FOR MEN, CHINO, CA**

Pre-Doctoral Intern, August 2018 – August 2019

California Institution for Men (CIM) is a forensic facility that houses minimum to medium custody levels of male inmates. The facility can accommodate the special needs for inmates such as high risk medical, problems associated with HIV and substance use, and various mental health units.

Mental Health Crisis Bed Duties:

- Provide therapy and crisis interventions to inmates admitted to the Inpatient Hospital / Outpatient Housing Unit / Mental Health Crisis Beds
- Complete daily Suicide Risk Assessments and Mental Health Evaluations/Psychosocial Assessments by providing a diagnosis and determining chronic and acute risk factors
- Serve as the team leader for weekly treatment planning as a member of a multi-disciplinary treatment team which includes the treating physician, psychiatrist, registered nurse, recreational therapist, and correctional counselor
- Develop discharge plans for routine and complicated cases which can consist of referring patients to Department of State Hospitals for Acute Psychiatric Program or Intermediate Care Facility treatment
- Conduct statewide clinician-to-clinician contacts for admitting and discharging patients
- Use professional judgment to support custody during potential Use-of-Force situations
- Co-developed and co-facilitated a safety planning group for patients who were admitted to the Mental Health Crisis Bed for suicidal ideation

Administrative Segregation Unit Duties:

- Provide therapy, and crisis interventions to inmates admitted to the Administrative Segregation Unit (ASU)
- Assess inmates to decide if they have impairments and should be placed in the Mental Health Delivery System
- Carry a caseload of six to seven patients
- Complete weekly Suicide Risk Assessments and Mental Health Evaluations/ Psychosocial assessments by providing a diagnosis and determining chronic and acute risk factors
- Serve as the team leader for treatment planning as a member of a multi-disciplinary treatment team which includes the treating physician, psychiatrist, registered nurse, recreational therapist, and correctional counselor
- Conduct statewide clinician-to-clinician contacts for arrivals to ASU and patients leaving ASU
- Assist custody (Warden, Associate Wardens, Captains, and Custody Counselors) in Institutional Classification Committees to assess current functioning of inmate mental health and cognitive abilities
- Conduct weekly Coping Skills group for general population inmates with mental health impairments

- Conduct a morning and afternoon huddle with sergeant, psych tech on duty and mental health escort officer to discuss new admissions, a crisis that occurred and/or daily updates on patients that pertain to ASU

Other Duties:

- Co-facilitated, a transgender psychotherapy group
- Co-facilitated a sex offender psychotherapy group
- Provided long term therapy to patients at the Correctional Clinical Case Management System level of care
- Selected, administered and interpreted psychological assessments
- Conducted PC3002 evaluations
- Actively participated in weekly individual and group supervision and attended in-service training
- Provided supervision to a practicum student
- This internship requires working knowledge of HIPAA, PREA, confidentiality, and privacy laws, Child Abuse Reporting Laws, Duty to Warn (Tarasoff), terms of incarceration that relate to parole, PC 2602, and general safety practices.

RIVERSIDE BEHAVIORAL HEALTHCARE CENTER, Riverside, CA

Practicum Student, July 2017 – July 2018

This facility is a locked, 120-bed, private psychiatric hospital serving male and female adults having a severe mental illness. The range of mental illness included schizophrenia, bipolar disorder, schizoaffective, and psychosis. Some patients dually-diagnosed with substance abuse, some organic brain damage, and traumatic brain injury. All clients are currently on conservatorship.

Duties:

- Provided individual therapy sessions for clients with a range of disorders, mostly major mental illness
- Developed and co-facilitated a PTSD group and 12-step workshop group
- Developed and implemented a limited mobility exercise group
- Co-facilitated group sessions such as anger management, and gardening
- Collaborated and consulted with multidisciplinary staff, including primary counselors, nursing staff, medical staff, psychiatrist, and other departments in the hospital
- Maintained documentation, including clinical records, treatment plans, and progress notes
- Conducted psychological testing
- Completed administrative duties such as updating client roster and filing behavior contracts

OUTREACH CONCERN INC., Westminster, CA

Practicum Student, September 2016 – June 2017

Outreach Concern is a non-profit 501(c)(3) counseling agency created to help students and their parents eliminate the barriers that impact their performance in the classroom. These barriers include social, emotional, academic and behavioral problems that affect their ability to learn and succeed in the classroom.

Duties:

- Provided individual therapy sessions to school-aged children to address social, emotional, and academic concerns to help ensure their academic and personal success.
- Communicated effectively with parents and families to provide them with community resources
- Collaborated with the school psychologist, principal, teachers, and resource teacher
- Led weekly educational counseling groups using self-created curriculums for concerns such as grief and loss, changing family systems, social skills, and anger management
- Coached teachers in the accurate conceptualization of children's areas of need and determined developmentally appropriate goals
- Monitored academic progress and behavior of students
- Maintained clinical records such as treatment plans, and progress notes

THE CHICAGO SCHOOL OF PROFESSIONAL PSYCHOLOGY COUNSELING CENTER, Irvine, CA

Administrative Assistant, May 2017 – August 2018

- Perform opening duties for the office
- Greet clients in a warm and professional manner
- Check in clients for appointments and collect fees
- Answer phone calls and provide excellent customer service
- Complete billing twice monthly and deposit cash monthly
- Improve customer service through the development of new policies and procedures
- Perform closing duties for the office

INSTITUTE FOR BEHAVIORAL HEALTH, Redlands, CA

Behavior Specialist, June 2016 – October 2017

- Provided direct therapeutic interventions in the home to the clients
- Utilized Applied Behavior Analysis (ABA) techniques to increase language, communication skills, social skills, appropriate play skills, cooperation skills, and daily living skills
- Developed operationally defined targeted behaviors or educational goals and established observable and measurable objectives to facilitate the client's abilities and resources in reaching his or her maximum potential
- Maintained records such as progress notes, treatment plans, and maladaptive behaviors
- Collaborated confidentiality and professionally with supervisors, teachers, and parents

CORRECTIVE SOLUTIONS: RISE PROGRAM, Rancho Cucamonga, CA

Case Manager, October 2015 – June 2016

- Managed assigned caseload and corresponding case files for first-time offenders
- Conducted an initial assessment on each defendant
- Attended, participated, and testified if needed in court proceedings
- Monitored defendant's compliance with court-ordered conditions
- Maintained awareness of all confidentiality laws and regulations about the defendant's case management and records
- Administered drug and alcohol tests when needed
- Collaboratively communicated with other criminal justice agencies as required
- Attended training as needed to increase knowledge and improve skills to enhance job performance

LAW OFFICE OF JOSEPH B. FRUCHTER, Hauppauge, NY

Legal Assistant, February 2015 – July 2015

- Provided high level secretarial and administrative support to attorney
- Processed a range of standard legal document including bill of particulars, appeals, summons and complains, and subpoenas
- Proofread and revised legal documents
- Scheduled legal meetings, appointments, and depositions
- Obtained medical records for clients as needed
- Assisted in preparing settlement demands for cases
- Maintained attorney's schedule and calendar
- Provided a high level of customer service to clients

15th CIRCUIT SOLICITORS' OFFICE., Conway, SC

Undergraduate Intern, January 2012 – December 2013

- Shadowed solicitors during pre-trial and trial for juvenile court
- Keyed in new cases and keyed out old juvenile cases
- Revised and edited court reports
- Collaborated with juvenile clients and appropriate guardians regarding their cases
- Collaborated with the department of juvenile justice
- Analyzed police reports

COASTAL RECOVERY CENTER, Myrtle Beach, SC

Undergraduate Intern, August 2012 – December 2012

- Shadowed psychologist
- Shadowed and helped run women's group therapy pertaining to substance abuse
- Helped maintain case notes
- Collaborated with clients and psychologist to develop treatment goal

PRESENTATIONS

NOT GUILTY BY REASON OF INSANITY AND RVR ASSESSMENTS

Co-presenter Dr. Morehead, February and May 2019

- Provided a three-hour training to mental health clinicians at California Institution for Men and California Institution for Women on the history and legal ramifications of not guilty by reason of insanity and how it related to rule violation report (RVR) assessments in the prison system.
- Dr. Morehead presented to mental health clinicians on how to conduct an RVR assessment of inmates.

EDUCATION

The Chicago School of Professional Psychology

Doctor of Psychology, Clinical Forensic Psychology, Psy.D
Cumulative GPA: 3.95

*Irvine, CA
August 2019*

Coastal Carolina University

Bachelor of Arts, Psychology, Minor Sociology
Cumulative GPA: 3.5

*Conway, SC
December 2013*

CLINICAL TRAININGS

- *Guide to Authoring the Gender Affirming Surgery Evaluation 2022.* Richard J. Donovan Institution CDCR. (August 17, 2022). San Diego, CA.
- *Affirming Care with Gender Minority Patients 2022.* Richard J. Donovan Institution CDCR. (July 21, 2022). San Diego, CA.
- *Integrated Substance Use Disorder Treatment 2021.* Richard J. Donovan Institution CDCR. (June 03, 2022). San Diego, CA.
- *Suicide Prevention 2022.* Richard J. Donovan Institution CDCR. (June 03, 2022). San Diego, CA.
- *Mental Health Evaluation SB 132 Cross-Gender Institutional Transfer Requests 2022.* Richard J. Donovan Institution CDCR. (May 12, 2022). San Diego, CA.
- *Complex Cases in Correctional Mental Health: Improving Diagnostic Accuracy with Enhanced Case Study 2021.* Richard J. Donovan Institution CDCR. (October 06, 2021). San Diego, CA.
- *Prison Rape Elimination Act (PREA) Duty to Report 2020.* Richard J. Donovan Institution CDCR. (May 19, 2020). San Diego, CA.
- *Mental Illness, Staff Perceptions, and Misrepresenting Symptoms 2019.* Richard J. Donovan Institution CDCR. (October 24, 2019). San Diego, CA.
- *Mental Health Suicide Risk Management Program.* Richard J. Donovan Institution CDCR. (July 16, 2021). San Diego, CA.
- *Anger Management Essentials: Managing and Controlling Anger.* Richard J. Donovan Institution CDCR. (May 11, 2020). San Diego, CA.
- *Childhood Trauma and Early Development: Forensic Implications.* The Chicago School of Professional Psychology. (October 23, 2017). Irvine, CA.

RESEARCH EXPERIENCE

The Chicago School of Professional Psychology

- Chair: Linda Gomberg, J.D., Ph.D.
- Dissertation Title: "Suicide by Cop and Mental Health"

*Irvine, CA
April 2016- April 2018*

Coastal Carolina University

- Thesis Chair: Joan Piroch, Ph.D.
- Thesis Title: "Relationship between External Locus of Control and Trait Anxiety in a College Sample"

*Conway, SC
August 2013-December 2013*

PROFESSIONAL INVOLVEMENT

- American Psychological Association, Graduate Student Affiliate
- Division 41 American Psychology Law Society, Student Affiliate
- Forensic Mental Health Association of California

*2015-Present
2015-Present
2019-Present*